

**BEAVERTON**



Safe Routes to School



## Plan a safe trip to school

Whatever travel mode you choose to get to school, plan your route. Bicycle riders need between 10 and 15 minutes to ride a mile, this is an estimate and varies depending on traffic, terrain and age of student. Parents/ caregivers should map a route and try it initially to explore best route and safety skills needed.

**RIDERS** (bicycle, scooters, skateboards)

- Always wear your helmet.
- Ride in the same direction as traffic, not against traffic.
- **Be visible.** Wear a bright jacket or add reflective material or blinking light to increase visibility.
- Stay alert and ride predictably, in a straight line.
- If riding on the sidewalk or in a crosswalk, ride at walking speed and be prepared to walk your bike when it gets busy.

[Type here]