



Why do we walk and bike? It's FUN!

By encouraging active transportation to school and throughout the community we are creating a healthier, safer, and more vibrant community. As you and your children get ready for a summer of fun and adventure, review the PALS slogan to help all have a healthy, happy, fun filled summer!

P- Polite: respect all road users

A- Alert: eyes, ears and brain open and ready

L- Legal: obey all sign and signals, know your rights AND responsibilities

S- Safe: know your abilities to make good choices

A great summer activity would be to map your route to School, Community Center, Pool, or friend's house. List positives and negatives about the trip. What can you/ we do to make it better?

Then write a letter to your local newspaper or school teacher about where you've gone, how many miles traveled, and what improvements you'd like to see on these routes. Maybe we can make them better!