



May is Walk+Roll Month

Challenge your school community to be more active and healthy with May's Walk+Roll Month.

Why Should We Walk and Bike?

- For personal and community health
- Less cars = less congestion
- Less cars = increased traffic safety
- Improved neighborhood livability for everyone

We must all work together to ensure we all stay safe getting to and from school.

Find some friends and plan a route with low speed and volume roads. Cross at crosswalks, signals and with crossing guards when available.

Whatever mode you chose be **Polite, Alert, Legal and Safe!**